

	<b>GO MAX</b>	<b>RED CELL</b>	<b>LIXOTINIC</b>	<b>IRON POWER</b>	<b>EQUICELL</b>
<b>IRON</b>	300	300	75	250	325
<b>COBALT</b>	5	2	-	-	1
<b>COPPER</b>	30	36	1.2	-	100
<b>MAGNESIUM</b>	15	20	-	-	500
<b>MANGANESE</b>	20	39	-	-	-
<b>POTASSIUM</b>	100	100	-	-	300
<b>SELENIUM</b>	250mcg	.65	-	-	100mcg
<b>ZINC</b>	100	110	-	-	150
<b>VITAMIN A</b>	25000IU	25000IU	-	-	40000IU
<b>VITAMIN D</b>	3500IU	3500IU	-	-	8000IU
<b>VITAMIN E</b>	35IU	35	-	-	350IU
<b>VIT B12</b>	120mcg	120mcg	12.5	105mcg	200mcg
<b>RIBOFLAVIN</b>	28	25	6	80	50
<b>PANTOTHENIC ACID</b>	50	48	-	175	75
<b>THIAMINE</b>	30	30	12	80	100
<b>NIACIN</b>	200mcg	-	60	175	50mg
<b>B6</b>	10	8	6	25	40
<b>FOLIC ACID</b>	10	7	-	12	15
<b>CHOLINE</b>	179	200	-	-	50
<b>BIOTIN</b>	.025	.02	-	1	500
<b>IODINE</b>	-	.25	-	-	-
<b>VITAMIN C</b>	-	-	-	295	250
<b>VITAMIN K</b>	-	100	-	-	30mg
<b>INOSITOL</b>	-	-	-	-	50mg
<b>AMINO ACIDS</b>	-	-	-	-	18 different
<b>GREEN TEA</b>	-	-	-	-	YES
<b>RUTIN</b>	-	-	-	-	YES