

	GO MAX	RED CELL	LIXOTINIC	IRON POWER	HEMO COMPLETE
IRON	300	300	75	280	325
COBALT	5	2	-	10.8	1
COPPER	30	36	1.2	.03	100
MAGNESIUM	15	20	-	-	500
MANGANESE	20	39	-	-	-
POTASSIUM	100	100	-	-	300
SELENIUM	250mcg	.65	-	-	100mcg
ZINC	100	110	-	-	150
VITAMIN A	25000IU	25000IU	-	-	40000IU
VITAMIN D	3500IU	3500IU	-	-	8000IU
VITAMIN E	35IU	35	-	-	350IU
VIT B12	120mcg	120mcg	12.5	90mcg	200mcg
RIBOFLAVIN	28	25	6	71	50
PANTOTHENIC ACID	50	48	-	150	75
THIAMINE	30	30	12	57	100
NIACIN	200mcg	-	60	150	50mg
B6	10	8	6	21	40
FOLIC ACID	10	7	-	10	15
CHOLINE	179	200	-	-	50
BIOTIN	.025	.02	-	50mcg	500
IODINE	-	.25	-	-	-
VITAMIN C	-	-	-	-	250
VITAMIN K	-	100	-	-	30mg
INOSITOL	-	-	-	-	50mg
AMINO ACIDS	-	-	-	-	18 different
GREEN TEA	-	-	-	-	YES
RUTIN	-	-	-	-	YES